## Isle of Wight Weekend School – Health & Safety Guidelines



As with all dancing classes and weekends, we ask that you read and take note of the following in order to ensure that the weekend school is as Covid-secure as is possible.

The intention is that the following precautions will allow us all to feel as confident and comfortable as we can to allow us to dance normally and celebrate forty years of the Isle of Wight Weekend School.

We request that everyone planning to attend any part of the weekend adhere to the following:

- Have been vaccinated twice and have a booster if offered.
- Do not attend if feeling unwell.
- We recommend taking a lateral flow test before leaving to attend the weekend. (\*)
- On arrival your temperature will be taken.
- Bring your own sanitiser; sanitiser will also be available in the halls.
- We ask that you sanitise your hands frequently throughout the weekend. Hand sanitiser will be provided but we ask that you also bring your own.
- Mask-wearing is optional when dancing/teaching/playing please feel free to wear one if this makes you feel more comfortable.
- Please respect other people's space when sitting out and during breaks.
- If you test positive or develop symptoms of Covid-19 in the 7 days after the Weekend School, please notify us immediately.
- At the time of writing, the hotel is offering guests the option not to have their room serviced during the weekend to minimise contact with others. If you wish to take up this option, if still available in February, please let the hotel reception know upon arrival.

In addition, we will have a risk assessment for the external hall(s), should we use one, where there may still be some stipulations that we must all follow as a condition of use. A copy of this will be available, if applicable, if anyone wishes to see it.

Thank you for your co-operation, and we look forward to seeing, dancing and celebrating with you at the Weekend.

(\*) Lateral flow tests can be collected from many pharmacies, and also be ordered online at https://www.gov.uk/order-coronavirus-rapid-lateral-flow-tests

Please note that this guidance has been drawn up based on Government Covid advice as of September 2021 and by the weekend may have changed. If this happens we will re-issue this guidance note to reflect any changes.